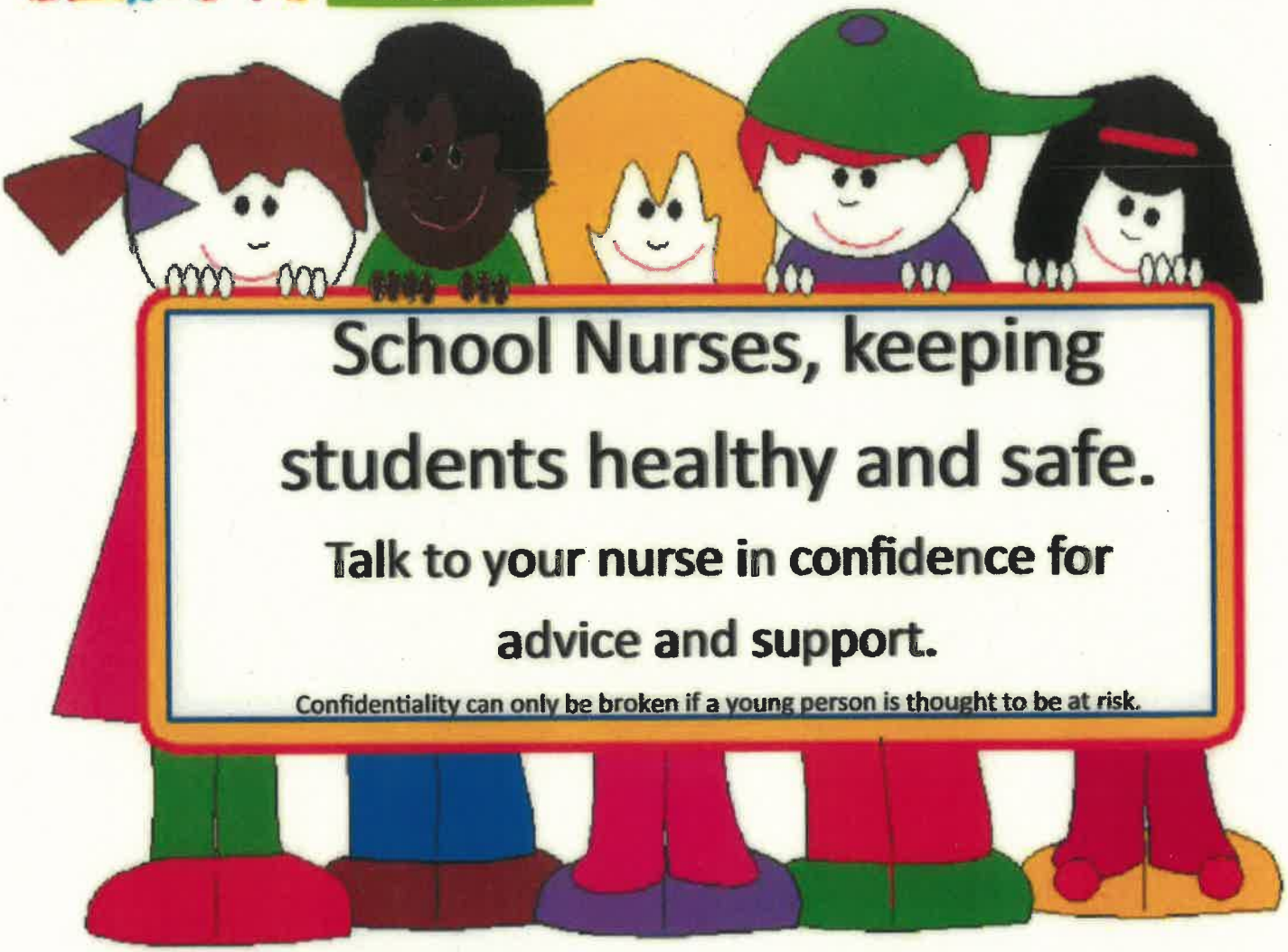
Growing Healthy
Gateshead

NHS
Harrogate and District
NHS Foundation Trust



School Nurses, keeping students healthy and safe.

Talk to your nurse in confidence for advice and support.

Confidentiality can only be broken if a young person is thought to be at risk.

Relationships

Feelings

Hygiene

Bullying

Harmful Behaviours

Keeping Fit

Healthy Eating

Someone to talk to