Rowlands Gill Primary School PSHE Long Term Curriculum Map for Key Stages 1 and 2 2026

Statutory RSHE KS1	Statutory RSHE KS2	Economic Wellbeing and Careers KS1	Economic Wellbeing and Careers KS2

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Family life; Making friends; falling out and making up; being a good friend; dealing with bullying; Growing up how have I changed from baby to now; bodies (NOT including names of sexual parts) Respecting my body and looking after it e.g. personal hygiene. Foundations for Well Being Dental Health					
Year 1	Making friends: playing and learning together	Mental health and wellbeing	Celebrating me, you and our families	Safety at home	Being healthy	Showing kindness to ourselves and others
Year 2	Mental health and wellbeing	Keeping safe online	Me, my body and staying safe	Money and work	Safety outside the home	Looking back and moving on
Year 3	Me, my friends and belonging	Mental health and wellbeing	Building healthy habits	Making choices online	Keeping safe out and about	Looking out for each other
Year 4	Mental health and wellbeing	Exploring ways to manage risk	Forming respectful relationships	Money matters and news literacy	Embedding healthy habits and learning first aid	Families and growing Together
Year 5	Friendships, stereotypes and bullying	Mental health and wellbeing	Positively engaging with our world	Respecting boundaries	Safe connections	Me, my body and growing up
Year 6	Mental health and wellbeing	Managing money and online spending	Changes in puberty (and sex education*)	Drug education: assessing risk and managing influences	Developing our AI literacy	Looking to the future